

# I'll Keep on Till They Quit

By Alan Smith

There once was an older man who went out jogging. He was running around a track that circled the high school football field while the team was conducting their practice. When the football players began running their sprints up and down the field, the man said to himself, "I'll just keep running until they quit." So, they ran. And he ran. And they kept on running. So, he kept on running.

Finally, in total exhaustion the man had to stop. When he stopped, an equally exhausted football player walked over to him and said, "Boy, I'm glad you finally stopped, Mister. Our coach told us that we had to keep running wind sprints as long as the old guy was jogging!"

It seems to me that we can sometimes find ourselves in a similar kind of situation when it comes to anger and conflict. We have a disagreement with someone and get into an argument. Voices get raised. Neither side wants to be the first to give in, to stop speaking in anger. Everyone has the attitude, "I'll just keep on till they quit." So, the other party stays mad. So, we stay mad. And on we go, eventually finding ourselves emotionally and even physically exhausted by the ongoing animosity.

Let me challenge you to do something very difficult. The next time you get in an argument, be the first to give in. Be the first to stop the yelling and the name-calling. Be the first to say, "I'm sorry." It's the quickest way to stop the vicious cycle.

"A soft answer turns away wrath, but a harsh word stirs up anger." (Proverbs 15:1)

Have a great day!

*"The worst moment for the atheist is when he is really thankful and has nobody to thank."*

- Dante Gabriel Rossetti



That meets at 701 South Wilbur, Sayre, PA 18840

(570) 886-1838

Arthur Barry, Evangelist- (607) 280-1732

September 16, 2018

## WELCOME!

<u>Sunday</u>	Bible Class- 9:30 a.m. Worship- 10:30 a.m.
<u>Tuesday</u>	Ladies Bible Study- 10:00 a.m.
<u>Wednesday</u>	Bible Study-6:30 p.m.

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**All the churches of Christ greet you,**

ROMANS 16:16

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### **Today's Sermon:** *What is a Church?*

Sermons are recorded and are available for listening on the church website.

Bulletins are archived on the website.

[valleycitieschurchofchrist.org](http://valleycitieschurchofchrist.org)

[aicoc.org](http://aicoc.org) (Antioch Initiative)

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**Scripture:** Hebrews 12:18-24

## ANNOUNCEMENTS / UPCOMING EVENTS...

- **Ladies Class: This Tuesday, September 18<sup>th</sup>.**
- **Wednesday Evening Bible Class:** September 19<sup>th</sup> at 6:30pm. We will be resuming our study of Philippians.
- **5<sup>th</sup> Sunday Singing: September 30<sup>th</sup> at Endwell. 4:30pm**

**Next Potluck:** October 21<sup>st</sup>.



- **Arthur is going through the process of applying for support from the Sojourners, senior members of the church who travel in their RVs in groups to help churches all over the country. They can help us with building repairs and projects, door knocking, Bible studies and many other ways. We are also working on official papers and licenses needed for them to stay in the area.**
- **Sandy attended the Camp Hunt Ladies' Retreat from Thursday evening until Saturday afternoon. She had fellowship with old friends, met several new people and listened to lots of sound teaching about the word of God. The singing was very edifying too.**
- **POTLUCK MEAL TODAY FOLLOWING WORSHIP!**



## PRAYERS...

- Let's all make a big effort to fill this beautiful big building that we have been so blessed to acquire. **Each of us can invite people to study the Bible**, either with us or with another Christian or at one of our regular Bible studies. A prayer of thanks for all the visitors we have recently had.
- Pray for **Andrea Lentz** – lung cancer.
- Pray for **Lori Kashorek** – lung cancer, recovery from brain tumor.
- Pray for Sandy and Arthur's neighbor, **Erin Beiber who** has metastatic breast cancer.
- **Patty and Ruthie's cousin Cathy's husband Bruce** has kidney cancer.
- **Pray that Dave and Lynne Laton's daughter Natalie** will be able to recover from her cancer (lymphoma). She has had the last round of intensive chemo and will have results soon. Natalie is actually starting back to work part time.
- Pray for our nation's **healing** and repentance.
- Pray for **Ted** as he will be having cataract surgery soon. He is also having his hearing loss assessed in preparation for getting new hearing aids.
- Pray for our Sunday morning and Wednesday evening **Bible class attendance and participation, which has been low to non-existent.**
- **Emily Barry** has been advised that she has the beginnings of a retinal tear, which she can do nothing to prevent.
- Sandy and Arthur's nephew (and neighbor), **Jamie**, lost his family business to fire last Friday. We were grateful that no one was hurt in the fire, as the gun shop was closed at the time.

If you have any prayers or news that you would like included in the bulletin, please contact Sandy at [barnecat7237@gmail.com](mailto:barnecat7237@gmail.com) or text or call (607) 261-0911.