

## Man Was Not Made for Emptiness

By Gerald Cowan

Nature tries to fill everything with something so there will be no vacuum. God does not want man to be empty either.

- Man needs to be filled physically, so there is food and water to nourish his body.
- Man needs to be filled mentally, so there is truth – all truth is from God.
- Man needs to be filled emotionally, so there is love. Man is not properly filled unless he is overflowing and sharing love with others.
- Man needs to be filled socially, so there is fellowship and friendship.
- Man needs to be filled spiritually, and nothing fills him properly except God, the Lord Jesus Christ, and the Holy Spirit of God.

The physical body is temporary and therefore its needs are temporary too. While in the body a person's capacities for mental, emotional, social, and spiritual growth are always expanding. Other persons can help fill him in every way except in matters of his spirit. Only God can supply and fill him spiritually. What a pity then that so many die spiritually empty.

Substituting for the true God man-made religions, philosophy, or science is no more spiritually filling and nourishing than filling one's stomach with rocks, filling one's mind with trash, or one's life with corrupt and corrupting people.

*For from his fullness we have all received,  
grace upon grace.*

John 1:16



That meets at 701 South Wilbur, Sayre, PA 18840  
(570) 886-1838

Arthur Barry, Evangelist- (607) 280-1732  
Paul Cowles, Evangelist- (607) 592-8091

February 6, 2022

### WELCOME!

|                  |                                               |
|------------------|-----------------------------------------------|
| <u>Sunday</u>    | Bible Class- 9:30 a.m.<br>Worship- 10:30 a.m. |
| <u>Wednesday</u> | Bible Study-6:30 p.m.                         |

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**All the churches of Christ greet you.**

Romans 16:16

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### Today's Sermon: The Riot in Ephesus

Paul will be preaching this morning.

### Scripture Reading: Acts 19:21-27

Sermons are recorded and are available for listening on the church website.

Bulletins are archived on the website.

[valleycitieschurchofchrist.org](http://valleycitieschurchofchrist.org)

Find us on Facebook:

[www.facebook.com/valleycitiescoc](https://www.facebook.com/valleycitiescoc)

**Headphones are available for the hearing impaired.**

## ANNOUNCEMENTS / UPCOMING EVENTS...

- ❖ **Sunday Morning Bible Class:** Paul will be continuing his lessons on the **Psalms** and stopping to sing a song from our songbook when appropriate.
- ❖ **Wednesday Evening Bible Class:** February 9<sup>th</sup>, on Zoom, 6:30pm- Arthur will be continuing a series of lessons on **Signs of the Times**.
- ❖ **Next Potluck and Bring-a-Friend Sunday (3<sup>rd</sup> Sunday):** February 20<sup>th</sup>.
- ❖ **Ladies' Class on Tuesday, February 8<sup>th</sup>, on Zoom.** We will meet at 10am. We will study the words of the Apostle Peter, using the study book **Living Stones by Casandra Martin. Lesson 6, Day 2. The microphone is now fixed so you all can hear Sandy. Thank you very much to Amy for taking over so capably last week!**
- ❖ **Next 5<sup>th</sup> Sunday Singing- May 29<sup>th</sup>.** Time and place TBA.



**5<sup>th</sup> Sunday Singing at Ithaca last Sunday was a great time of fellowship and praise.** It was very well attended.

**The Valley Cities Church of Christ website is now back up.** It was necessary to **change the host.** A brother in VA will be managing that for us now, so you can **listen to sermons, check out the bulletins, read articles** and other items of interest once more.

## PRAYERS

- **Larry Freeman, Miki's friend who we have been praying for passed away last Sunday following heart surgery. Please pray for his wife Val who is unwell herself and in a wheelchair.**
- **Our brother in Christ, Dave Laton, from Prattville, AL, has been diagnosed with rare, acute, cromosomelecytic leukemia.** He is being treated in the hospital, probably for 4 weeks. Please pray for Dave and Lynn and the family during this time.
- **Randy Salsgiver from the church at Kittanning had to go in the hospital last Thursday because of A-fib.** His heart rhythm was restored after the second attempt.
- **Arthur's cancer surgery is scheduled for February 14<sup>th</sup>, pending approval. Praise God!** We are grateful for all your prayers.
- **Patty Albro** has been diagnosed with cancer and has surgery scheduled for February 14<sup>th</sup> in Syracuse.
- **George Norton, friend of Steve and Amy, is dealing with A-fib, causing him to be exhausted. He is currently on steroids, but it is a temporary fix. Pray for him.**
- **Dan Myers** will be having a lung scan on March 2<sup>nd</sup>.
- **Val Chilson's mother, Judy Nagy, passed away on Thursday from problems with a heart valve. Please pray for Val and Greg and their family at this sad time.**
- **Pray for encouragement for the Endless Mountains church in Tunkhannock, PA. They will lose their preacher in April and need to find a new place to meet.**
- Pray for:
  - **Linnett Short** (lung cancer, tumor on liver) on immunotherapy.
  - **Zachary Cowles** (deployment with the Army)
  - **Steve Noble** (needs lung transplant) He is on the list.
  - **Arthur's brother Chris** (Alzheimer's)
  - **Pat Guthrie** (lung cancer)
  - **Darlene's friend Connie** (stage 4 lung cancer)
  - **Jeff Arditti** (in Chicago recovering from Guillian-Barre)

If you have any PRAYERS or NEWS that you would like included in the bulletin, please contact Sandy at [barncat7237@gmail.com](mailto:barncat7237@gmail.com) or text or call (607) 261-0911.