The Attitude Factor

By Joe Chesser

This is the time of year when the wind chill factor is important. Most of the time wind chills are merely a nuisance. We have to hold our coats tighter. We put scarves around our faces. We dart more quickly into and out of cars and houses and stores. But there are times, especially in the northern states, when knowing the wind chill factor can be a matter of survival. The cold and the wind can be deadly.

In the summertime it's just the opposite. We welcome the effects of the wind blowing in the summer heat. Without even a gentle breeze, the summer heat, especially in the southern states, can be stifling. How pleasant it is when you are hot and sweaty from working outside in the summer to feel the coolness on your skin that a gentle breeze brings.

In both of these cases, what the wind does is to take what is naturally present, the temperature, and turn it into something either helpful or harmful. The temperatures don't change; just the way the temperatures feel changes. In the winter, the temperature feels worse; in the summer the temperature feels better.

Our attitudes work in a very similar way on the natural circumstances surrounding us. Our attitudes can make any situation feel better or feel worse. The circumstances may be unchangeable, but the way we view them or react to them is entirely dependent on us. A good attitude "blowing" on bad circumstances can make them much better, while a bad attitude "blowing" on the same set of circumstances can make them seem much worse.

"A cheerful heart is good medicine, but a crushed spirit dries up the bones" (Proverbs 17:22). We all know how much our attitudes affect our physical health. In a much greater way, our attitudes affect our spiritual health. In fact, our attitudes affect everything in our lives. How much more pleasant would driving be without road rage? How much happier would our homes be if there were no griping and complaining? How much more Christ-like would our churches be if we didn't take every opportunity to be offended? How much better could we handle disasters and setbacks if we had the attitude of Christ?

Jesus came to earth to make it possible for our sins to be forgiven. He also came to show us how to live transformed lives. He didn't come to make the world a better place to live, but to help us live better in the world around us. A part of His plan included changing our attitudes for the better.

Here are some scriptures that can help you have a better attitude:

Romans. 12:2; Philippians.1:27-28; 2:3-5, 14; 4:4, 6-7, 8-9, 13; Colossians. 3:17, 23; Habakkuk. 3:17-18.



That meets at 215 South Thomas Ave, Sayre, PA 18840 (570) 886-1838 Arthur Barry, Evangelist- (607) 280-1732 January 8, 2017

WELCOME!

<u>Sunday</u>	Bible Class- 9:30 a.m.
	Worship- 10:30 a.m.
<u>Tuesday</u>	Ladies Bible Class- 10:00 a.m.
<u>Thursday</u>	Home Bible study-7:00pm

ALL THE CHURCHES OF CHRIST GREET YOU. ROMANS 16:16

Today's Sermon: Feel That Air!

Sermons are recorded and are available for listening on the church website.

Bulletins are archived on the website.

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Scripture: Romans 1:1-17

ANNOUNCEMENTS / UPCOMING EVENTS...

- > Next potluck: January 15th NEXT WEEK. Theme: Healthy Food!
- Ladies Class: 10am, Tuesday, January 10th at the building. We will be discussing chapter 2 of <u>Struggle, Seek, Grow</u>, which is about Hannah.
- Midweek Bible study @ McElhaney's Thursday nights at 7pm. Coffee and dessert is usually served. All contributions gladly accepted!



 There are several plastic baby bottles for anyone who would like one to take home and fill with money to help the Endless Mountains Pregnancy Care Center during their January campaign. First Look Pregnancy Center is located at 209 Lockhart St. in Sayre. Their mission is to change the hearts of women who seek abortion and provide a caring alternative.



Please bring your filled bottle back here and grab another empty one to take with you.

- Justin Morriston from the church in Lewistown, PA, is being interviewed for the preaching position at the new church in Tunkhannock.
- Darlene Elsbree's father, Richard L. Bieber, age 82, passed away at his home in Palm Springs, FL on January 4th. Darlene and Doug were able to be with him when he died, and her sister Vicki Joice, who some of us know, flew in later that day.
- Remember this is the cold and flu season. Take care of yourself and others.



PRAYERS...

- Pray for Ben Wright, an elder at the Kittanning church, who we have all heard preach here. His recently diagnosed diabetes has already affected his vision. Pray that he can control it with diet.
- Pray for Patty and Ruthie's sister in law, Deborah, who has stage 4 breast cancer.
- Endless Mountains Pregnancy Center requests prayers for their clients, that abortion-minded women will have a change of heart, and that all will accept the abundant life in Christ.
- Pray for all of our family members and loved ones who are yet lost or have strayed far away to come (back) to Christ.
- Remember to pray for Lori Kashorek, from the Plattsburgh, NY church, who has lung cancer.
- Darlene has been diagnosed with breast cancer after having a biopsy last week. She will meet with her doctor this week and find out more information that will help her plan how to proceed. Pray for her complete recovery and peace as she deals with the loss of her father last week.
- Keep praying for the Endless Mountains church in Tunkhannock and their search for a preacher.
- Pray for comfort for those from war-torn countries who have no homes, are starving (Northeastern Nigeria) and without water and are not safe and have lost friends and relatives in the violence that surrounds them (Aleppo).
- Remember to pray for Matthew Lowe in Ohio, Ken Wilkins, of Gray, TN, and Edna Jarrett, of the Bronx. Also Rocky Perry of Sayre.

If you have any prayers or news that you would like included in the bulletin, please contact Sandy Barry

barncat7237@gmail.com or text or call (607) 261-0911.